

## Science of living enhance employment for the drug addicts towards the youth empowerment-A Holistic Approach from Malaysia

Mohammad Hannan Mia<sup>1</sup>, Razaleigh Muhamat Kawangit<sup>1</sup>, Abd Ghafar Hj Don<sup>1</sup>, Nowshad Amin<sup>2</sup>

<sup>1</sup> Department of Da'wah and Leadership Studies, Faculty of Islamic Studies, National University of Malaysia, 43600, Bangi, Selangor, Malaysia

<sup>2</sup> Department of Electrical, Electronic and System Engineering, Faculty of Engineering and built environment, National University of Malaysia, 43600, Bangi, Selangor, Malaysia  
[dr.hanan@ukm.edu.my](mailto:dr.hanan@ukm.edu.my)

**Abstract:** The purpose of this research is to perform an empirical analysis the factors affecting science of living for the drug addicts towards the youth empowerment. For statistical estimations used descriptive models of analysis. The results of this study show that the science of living enhance employment for the addicts towards the youth employment for empowering through a holistic way prescription from Quran and Hadith is influenced by value their education, employment, financial development and the development nature (committed to work rather than choose) of the addicts. It is also found that science of living reduces the risks of unemployment for the youth. There has been growing concern over the erosion of values among drug addicts for empowering them through science of living with employment. Taking into account self-exploratory and scientific methodology conducted between *Kolej Komuniti Hulu Langat (KKH, Selangor with SIDIM (Sahabat Insan Dan Iman Malaysia)*. It is also found that technical education designed science of living itself as well as employed them. This model is panacea and holistic model for them to treat the addicts heart makes them ready to work for happy life. The main objective of the study is to understand the science of living as a means of youth empowerment. More specifically, the study aims to analyze the science of living has impacted all domains of the addicts' personality and it has developed a healthy and positive morality.

[Mohammad Hannan Mia, Razaleigh Muhamat Kawangit, Abd Ghafar Hj Don, Nowshad Amin. **Science of living enhance employment for the drug addicts towards the youth empowerment-A Holistic Approach from Malaysia.** *Life Sci J* 2016;13(2):32-37]. ISSN: 1097-8135 (Print) / ISSN: 2372-613X (Online). <http://www.lifesciencesite.com>. 6. doi:[10.7537/marslj13021606](https://doi.org/10.7537/marslj13021606).

**Keywords:** Science of living, the addicts, youth empowerment, holistic treatment

### 1. Introduction

With a view to high issues of youth employment for empowering through a holistic way prescription from Quran and Hadith in the regions of Malaysia is one of the challenges of today hindering the modernization of the economy. Leading social phenomena the high issues of youth employment for empowering through a holistic way prescription from Quran and Hadith is a feature of not only Malaysian regions but is observed in European countries as well. Parental bonding is taken into account for treating the addicts with a view to empowering youth (Childer. L.B., 2010).

#### Science of Living

Science of living is a part of value education through mentally and spiritually rather than physically. Science of living through value education has a multidimensional impact on communities and it is widely recognized as one of the building blocks for sustainable development (Abuarqub, 2009). It is considered an essential trait has in the past. Three major areas in this regard are i. the time of creation ii. the manner of creation and the constitution of the human being particularly with regard to the question

in the human being for ractification (Chisti,2009). As for example soul that survives the death of his physical body. The most important instance of this concept is that between creationism and evolution. Most people, at least those who are not totally committed to the teachings of the Quran and Hadith consider the settled in favor of science. As to the first of these concerns, i.e., the age of creation, again, unless one is a total and literal believer in the Quran one would have to agree with the current teachings of science that the beginnings of the universe lie in a much more remote past.

#### Youth

At the age of forty when man reaches his full strength and becomes conscious of Allah's favor and determines the addicts to work righteousness. It can be considered in regard any person below the age of 40 years as a youth. Perhaps, this is why many of the notable prophets began their prophetic message at age forty. Beyond Muslim youth is however expected to commit himself to the Islamic faith and beliefs consistent adherence to faith in one and only one God, Allah; accepting Prophet Muhammad (s.a.w.) as His prophet and messenger, believing in the presence of

Angels of Allah, Quran. Besides, to uphold regular five times obligatory prayers, pays the zakat, fasting in Ramadhan and perform Hajj. Here are given their titles of explanations.

Science of living perceived through the senses of the drug addicts, Science of living perceived through the mind of the drug addicts, Science of living perceived through the morality of the drug addicts, Science of living perceived through the social of the drug addicts,

Science of living perceived through the individual of the drug addicts

### **Towards The Youth Empowerment-A Holistic Approach from Malaysia**

Empowering the youth for purposely and should be responsible for the change social and individual in overall sense. Firstly, let us examine further the nature of youth. The youth is the adult of tomorrow and the seed that transforms as fruit of nationhood. Secondly, It is the nourishment provided for the seed planted in one season that will determine the harvest of another season. Thirdly, To have a prosperous and usage nation therefore, the youths must be nurtured spiritually, ethically, educationally and economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquetteally to perform the due functions of adulthood as prescribed by Islam exactly at last. He is to grow up physically healthy, energetic, emotionally stable, productive and socially responsive to the needs of his society. He must be God conscious and put ethics into all his decisions. In fourth, To attain these lofty objectives, the resources of the nation ought to be harnessed and its socio economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette policies and political structures geared towards developing the potentials of its youths. They are to be prepared for leadership role, as vicegerents of Allah swt on earth. The key to all these goals is sound education entrenched with piety and ethics by follow the commandment of Allah swt and as well as the sunnah of Rasulullah S.A.W.

The criteria for science of living through mental and spiritual healing (Hannan, 2015) for the addicts consist in parting value education with the highest intellectual quality in a superior learning environment with a view to helping students in *kolej komuniti Hulu Langat, Selangor, Malaysia and Sahabat Insan Dan Iman Malaysia*. It is emerging as leaders in their chosen fields. It can be done in proper way. It has suggested that the focus should be on value-based education in the twenty first century. Because it has outlined the need for educational institutions, local,

national and international agencies to work together in making value based education an essential component of educational programs to change the attitudes and behaviors of the human race. The way is to control environmental in order to protect our society. Side by side, it is for value-based education in the twenty first century manifested the outlined the need for educational institutions, local, national and international agencies to work together in making Islamic education (Hannan, 2014) an essential component of educational programs to change the attitudes and behaviors of the human race (Hannan, 2013, Adam, 2011 & Khalid 2014).

## **2. Material and Methods**

Kolej komuniti Hulu Langat stands for “Hulu Langat Community College” is a community college for the skills development which is the easiest and shortest way for employment. As for example, cooking, sewing, embroidery, pool, business fundamentals, air conditioning maintenance, information technology. It is also more inclined towards courses of Information Technology and cuisine etcetera. This study has been undertaken by collection data from the students of the Kolej Kumuniti Hulu Langat, Selangor from the addicts from SIDIM (Sahabat Insan Dan Iman Malaysia), Rawang, Malaysia where both of them entitled science of living program (mental and spiritual). The activities conducted by warden and counselors of SIDIM. Random sampling method administered in this study among the drug addicts. Questionnaire were distributed among 140 drug addicts whereas 120 addicts are answered. Qualitative data are collected through observation with open-ended questions. Five point scale are for each statements. They are Strongly disagree (SD), Disagree (D), Can't say (CS), Agree (A), Strongly agree (SA).

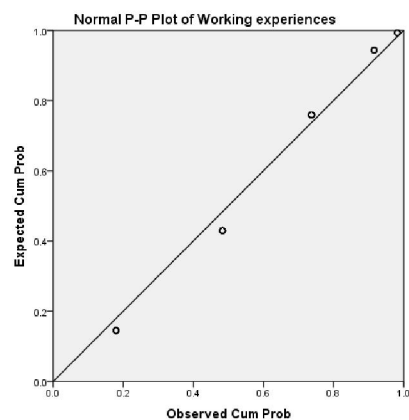


Figure 1. Science of living perceived through the mind of the drug addicts for youth empowerment

Table 1. Science of living perceived through the senses of the drug addicts for youth empowerment

Items	Mean	Std. Deviation
E2 Solaat is very effective for reducing addiction than other medication	4.9750	.20344
E3 Fasting is also more effective for reducing addiction than others	4.9500	.31356
E5 Send them religious school or in Tabligh after treating them	4.8750	.44083
F1 Islamic treatment executed by treating the addicts Divine Spirit (Rooh)	4.8750	.44083
C2 Tawakkul to elallah is a great concept of Islamic treatment for the addicts	4.7917	.64685
D4 It is also follow the way of life of Hazrat Mohammadur Rasulullah (sm)	4.8583	.52334
Working experiences	2.2000	1.13463
B2 Constantly using drug is called drug addiction without prescbe by doctor	3.3333	1.16916
Valid N (listwise)		

Table 2. Science of living perceived through the mind of the drug addicts for youth empowerment Ratio Statistics for Age which is recreational drugs have disastrous effects on both mind and body

Price Related Differential	Coefficient of Dispersion	Coefficient of Variation
		Median Centered
1.206	.700	121.0%

Table 3. Science of living perceived through the individual affects of the drug addicts for youth empowerment,

Model Description		
Model Name	MOD_3	
Series or Sequence	1	B8__ They forget social protocol always remain bad tempered
Transformation	None	
Non-Seasonal Differencing		
Seasonal Differencing		
Length of Seasonal Period	No periodicity	
Standardization	Not applied	
Distribution	Type	Normal
	Location	estimated
	Scale	estimated
Fractional Rank Estimation Method	Blom's	

### 3. Results and Discussions

The findings of this study are analyzed through their domains (Science of living perceived through the senses of the drug addicts, Science of living perceived through the mind of the drug addicts, Science of living perceived through the morality of the drug addicts, Science of living perceived through the social of the drug addicts, Science of living perceived through the individual of the drug addicts) as given below:

#### Science of living perceived through the senses and mind of the drug addicts

The respondents strongly agree 40% that they realize the practice of yoga is energizing. Over 25% of the respondents are able to concent issues better as a result of their experience at the workshop. Nearly 35% of them have developed greater clarity of thought, greater confidence than before and the ability to discriminate between right and wrong. This indicates that they have developed the ability to judge for themselves and make appropriate and balanced decisions for their future in the personal and professional spheres (Table 1 and Table 2).

#### Science of living perceived through the moral and emotional of the drug addicts

The addicts are impacted by events in the social environment, they either respond or react. The manners in which they conduct their intrapersonal and interpersonal relationships reflect their emotional competence, emotional maturity and emotional sensitivity. Here it is clear that over 60% of the respondents have developed greater sensitivity to the world around them and rest of have gained better understanding of dealing with stress and felt positively. It is charged after attending the counseling session. Around 75% of the respondents reported that they believed the youth empowerment through training as the guidance of commandment of Allah swt and the *sunnah of Rasul S.A.W.* They got an opportunity for self-expression. 91% of the respondents agreed the science of living workshops benefited them. The respondents felt that they have developed a greater respect for themselves (Figure 1 and Table 3).

The aim of this study was to determine the science of living through mental and spiritual of specific regional areas like as *kolej komuniti hulu Langat (kkh) Selangor and sahabat insan dan iman Malaysia (sidim)* where *kkh* contained technical education for youth employment for empowering through a holistic way prescription from Quran and Hadith in the Malaysian.

Although in Malaysia follow the holistic way of prescription but drug abuse was started by Chinese first. The Chinese were the first people who introduced into the country the habit of opium smoking. Employment in the new country brought them enough money to spare. There was some period of leisure after a gruelling day's work, but there were no amenities with which they could occupy themselves. Most of them had left their families behind in their homeland. Opium smoking thus became one of the outlets. Some smoked it as a medicine, to cure aches and pains and ward off diseases (opium was believed to have a beneficial effect on tuberculosis of the lungs, diarrhoea, and malaria). At that time, it was not considered harmful and there was no restriction or taboos as to its usage (Kamarudin, 2007).

Different types included for this analysis as demographic, economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette and social explanatory variables. Discussing the contributing for the increased of youth employment for empowering through a holistic way prescription from Quran and Hadith paid policy applied for the addicts training and as well as students themselves. Here is attention to the level of technical education of young people. It is found that the risk of becoming unemployed is lesser for those who are strongly educated or have education after all. It is also arrived at the conclusion that the public employment policy measures.

Youth employment for empowering through a holistic way prescription from Quran and Hadith for empowering them and assessed the demographic, economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette and social issues. It is on the increased of the employment through empowered the youth in Malaysian.

Comparing them with the social, economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette and demographic characteristics of the regions of Malaysia managed to identify the specific features of the relationship between the science of living and

youth employment for empowering through a holistic way prescription from Quran and Hadith through empowerment them. The key characteristics of these two variables the structure of employment, the level of technical education in (*Kolej komuniti hulu Langat with Sahabat Insan dan Iman Malaysia (SIDIM)*) and the demographic structure of the population for social activation and build drug addiction free nation (Empowering Youth for Drug Free Community.2015.Universiti Sains Islam Malaysia (USIM).

In terms of the youth for empowering and lifestyles of youth, research has shown that they generally have a positive self-concept which is relevant to the development process. It is including energy, desire for change, desire to learn and many others. They are sensitive to the needs of the society. They are willing to provide the energy to meet them. By and large, they are responsive to national appeals for service. With empowering youth and other abilities, traits and energies, young people are "an asset to any nation in its striving toward development (Azimi, Turiman, & Ezhar, 2005).

However, some disturbing trends indicate the possibility that many Malaysian youth are at risk of discontinuity which can lead to the trap of more serious social ills such as drug and alcohol addiction, HIV-AIDS, mental illness and others. On the one hand, the National Anti-Drugs Agency will use data like crime statistics and household income levels to streamline its campaigns (NADA, 2014).

As a result, identified the most significant issues are affecting the increased of youth employment for empowering through a holistic way prescription from Quran and Hadith and by which justified the youth empowerment. It should not be ignored when developing regional issues gives for social-economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette development and regional employment programs. It did not do estimations for the first issues where the youth employment for empowering through a holistic way prescription from Quran and Hadith is the highest. It contains for the regions of the second and third variable the most significant issues are affecting the increased of youth employment for empowering through a holistic way prescription from Quran and Hadith are the growth of the number of people with secondary technical education in the labor market. The growth of the share of young people in the population structure puts a demographic pressure on the labor market. The addicts are mitigated by the higher level of technical education of the young people. In the regions of KKH (*Kolej Kumuniti Hulu Langat*), Selangor and SIDIM (*Sahabat Dan Iman Malaysia*,

*Rawang*) the growth of the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith is fueled by the low level or complete lack of education of the population. The growth of the number of people with secondary technical education depends on the improvement of the level of economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette development of the region, and the increase of the share of the employed in the manufacturing sector help reduce the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith. Our results show that the graduates of secondary schools are wishing to continue their education join the ranks of the employment increasing the youth employment for empowering through a holistic way which is prescription from Quran and Hadith as a result.

This model determines the dependence of the issues of employment in the age range of 20-29 years in the regions of the sixth group from the following factors: the share of those employed in manufacturing industries (the correlation is negative) and the number of population having no basic general education (the correlation is positive). The share of the manufacturing sector in the economies of the regions of the sixth group is higher than in other *KKH (Kolej Kumunity Hulu Langat)*, Selangor and *SIDIM (Sahabat Dan Iman Malaysia)*, Rawang and the growth of the share of the employed in this kind of economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette activity helps reduce the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith. Those who do not have basic general education tend to join the ranks of unskilled labor for match up their lives. Thus, our empirical study enabled us to identify the factors reducing youth employment for empowering through a holistic way prescription from Quran and Hadith in the age group 20-29 years in Malaysia as a whole and in the selected regions of different types. The results of our study show that the high level of technical education is a competitive advantage on the labor market. The growth of the number of people with higher and secondary technical education increases the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith. For instance, in the regions are of the *KKH (Kolej Kumunity Hulu Langat)*, Selangor and *SIDIM (Sahabat Dan Iman Malaysia, Rawang)* where the issues are of youth employment for empowering through a holistic way prescription from Quran and

Hadith varies from 10% to 20%. The growth of the number of people with technical education reduces youth employment for empowering through a holistic way prescription from Quran and Hadith, while the growth of the number of those who have secondary general education contributes to its increase. In the regions *KKH (Kolej Kumunity Hulu Langat)*, Selangor and *SIDIM (Sahabat Dan Iman Malaysia, Rawang)* with the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith, ranging from 7% to 10%, the growth of the number of population with basic general education and the number of those not having basic education leads to an increase in youth employment for empowering through a holistic way prescription from Quran and Hadith. The resulting models that link the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith with social, economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette and demographic characteristics of the Malaysian regions can be used in the development and implementation of the targeted regional issues aimed at increasing the youth employment for empowering through a holistic way prescription from Quran and Hadith.

Findings has proven (1) the existence of a relationship between the issues of youth employment for empowering through a holistic way prescription from Quran and Hadith and the social-economic, social as well as religious development for improving character through developing mentality for goodness and to work heartily in the same manner with etiquette (2) the importance of applying a regionally differentiated approach to implementing the key areas of the employment policy, aimed at increases the issues of employment with manner including youth employment for empowering through a holistic way prescription from Quran and Hadith (3) technical education plays an important role in increases youth employment for empowering through a holistic way prescription from Quran and Hadith.

### **Conclusion**

Science of Living helps addicts to find their place in the world and afterworld with a view to build up their self-confidence. Spirituality in a technical school curriculum adds dimensions to that promote holistic development of the addicts and benefits their academic achievement. Teacher cum counselors feel a need to introduce experiential approaches to Science of Living as a means to counter an overly cognitive national curriculum and to address issues of behavior, discipline and social attitudes. The role of teacher cum counselors can be the highest ranking care with

intensive care in developing good character among addicts. Spiritual Teacher cum counselor must facilitate addicts personal internalized discovery that one would want to be a Spiritual-oriented and Spiritual-guided person through Islam because through such activity one can feel good about oneself, respect oneself and esteem oneself well. Professional development sessions allowing teacher cum counselor to interact with each other lets individuals examine to view the addicts own beliefs differently by using thoughts and testimonies from others; such experiences permit individuals to make sense of the world around them which is transformative learning. There are some training workshops available worldwide for implementing science based education that have tremendously helped teacher cum counselors develop skills to create a science and spiritual based environment through Quran and Hadith. It is promoting, inspiring and active listening for the addicts classes and session interesting and lasted long with wholly enjoy and happy lives of the addicts taking full activation on job. Their participation in all the activities is in employment to fulfill their commitment individually, socially and in the same manner and etiquettes.

#### **Corresponding Author:**

Dr. Mohammad Hannan Mia, Post-Doctoral Fellow, Department of Da'wah and Leadership Studies, Faculty of Islamic Studies, National University of Malaysia, 43600, Bangi, Selangor, Malaysia.  
E-mail: [dr.hanan@ukm.edu.my](mailto:dr.hanan@ukm.edu.my)

#### **References**

1. Mohammad Hannan Mia and Razaleigh Muhamat @ Kawangit. 2014. Islamic treatment for drug addiction. Bangi: National University of Malaysia.
2. Mohammad Hannan Mia and Razaleigh Muhamat @ Kawangit. 2015. Islamic treatment and drug addiction- An Islamic Perspective. 2015. Bangi: National University of Malaysia.
3. Muhammad Yusuf Khalid. 2014. Psycho-Spiritual Therapy Approach for Drug Addiction Rehabilitation. Negeri Sembilan: Islamic Science University of Malaysia, Malaysia.
4. Mohammad Hannan Mia. 2013. Concept of Mat-Rempit (Illegal fast driving)- A Study from Malaysia, Osaka: The Asian Conference on Language Learning 2013, Official Conference Proceedings Osaka, Japan.
5. Fadzli Adam. 2011. Spiritual and Traditional Rehabilitation Modality of Drug Addiction in Malaysia. Terengganu: University Malaysia Terengganu, Malaysia.
6. Abd Halim, Mohd Hussin. (2010). Counselor competency, self-efficacy, and inmates' readiness to change in drug abuse treatment and rehabilitation centers in Malaysia. Unpublished doctoral dissertation. Universiti Teknologi Mara, Shah Alam: Selangor, Malaysia.
7. Chishti, H. G. M. (1991). The book of sufi healing. Rochester, VT: Inner Tradition International.
8. Kamarudin, M. R. (2007). The misuse of drugs in Malaysia: Past and present. *Jurnal Anti Dadah*, 1(1), 1- 24.
9. National Anti-Drugs Agency. (2014). Guideline for implementation for treatment and rehabilitation modality. Kuala Lumpur: Ministry of Internal Security.
10. Childers, L. B. (2010). Parental bonding in father-son relationships. Unpublished Senior Thesis in the Honors Program. Liberty University: Lynchburg, VA.
11. Empowering Youth for Drug-Free Community. 2015. Universiti Sains Islam Malaysia (USIM).
12. Haji Azimi Hj. Hamzah. 2005. Helping Malaysian Youth Move Forward: Unleashing The Prime Enablers.
13. Abuarqub. 2009. Islamic Relief: Islamic Perspective on Education.

2/1/2016