

Foundations of Women sports of legal jurisprudence in Iran

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Abstracts: Today's – the women consists the half of mankind social .and their presence in societies from different us pacts. Is very I'm port ant .the most important case is we moon's sport that has been the special place in international societies the woman's sport except technical properties is a topic that override the gamut of social / coif /political behavior –for this purpose in this article we pay attention to the impotence of woman's sport in signs and narrations and women's covering role in sports and the agreeing and disc agreeing people's idea. With thin about signs end narration has been determined: First Islam - doesn't dies agree with woman's sport also is .Says that it is the necessities of women's life. Advises it (sport) for providing woman's men physical health especially in the different parts of response bled life such us: pregnancy- child birth above all children `s training and education. Second of Islam's idea noticing to sports that are useful for we women`s solve and body all of these acuties must be done under control entire protection in the safe environ meant and Essen tail covering. If the sports have been done only for the person and society's recovering it should not give reversed results and don't de cay and the people. **[Forouzan Alaeinovin(PH.D),, Hamed KheradRanjbar. Foundations of Sport of legal jurisprudence in Iran. Life Sci J2013;10(1):739-744].** (ISSN: 1097-8135). <http://www.lifesciencesite.com>. 115

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Introduction

There are human`s for physical and detention and sports during the times human`s aren't need's less of powerful and healthy body .the time goes physic different weak humans behind of doing works that need necessary ability .after appearance / Islam religion development that encourage the followers for the powerful and her thy body and the subject of growing body.

For bane fitting of safe mental has special place for Moslem from the Islam's I dear the sport isn't a purpose. But it's a tool .the sport itself as a series of rhythmic movements can't be purpose for the Moslem in his life. The sport is a tool .It is used for the suitable purpose. It can help the human for doing the god's orders if the Islam advises us for the powerful body. First: it is for us to do our ditties perfectly that are determined by the god. We must not neglect it for the weak nests of body.

Second: because of our environment we can, by shade of this ability, clean up our society of corruption and step for the god's satisfaction .today's sport is very important subjects for men and we man it is .worthy for sports especially women's sport to be researched because the women are the basic column for the family and are the factor for society's firmness and are the responsible for the children's education naturally the sport for their soul and body is more important than for the men.

1- The history of women's sport:

For the women's sport in ancient periods not found especial history and apparently there wasn't sth as a women as sport in ancient green the sport way fashionable as custom and social, cultural custom. And for the first time, for once in four years. The sport matches as "Olympic" Games were held the women in this field for watching matches be forbidden and those who acted secretly `be executed. The slave trade and cloys system in the previous period give only the scores to the noble women that participate in sport custom for watching and doing exercises and the women in low class were deprived of this right but the pretty women were grand to the victor men. Only in (sports) one of the ancient Greek cities given the education for sport not for sport field match and defense but for child birthright (Hazrati,2002).

The first women that broke democracy custom in sport field and race was the women her name (H)Peoria)with per severance and attempts open entrance for women in Greek sport race .The women succeeded under heirs /for the first time they held the matches in the presence of men and they had the sport field under their trans grass (Navabinzhad, 1989). The USA in the middle of 19, general and scientific idea were boy don this matter .The women's sport causes nervous shock and disorder in reproduction and finally will cause the dies odes of body members .this idea lasted for the begin of 20centuries that way the main factor in backwardness

for women's sport. In the beginning of 1900 there were women for earning a live LaHood had to work in factory and tolerate physical work. Some managers were interested in relative a chins of these women and then provide sport organization for them. This attempt was flash that for the first women's matches that concealed with 1917- 1936years.

The educated people and industrialized society helped the women's progress in college and universities after1930 with the progress of women's sport matches in college and university the severe disagreement was started until in 1972.with lawful confirmation hosed on right even for men and women, the college way forced to progress it. Finally in 1960the organization had been established to encourage the women in sport filed in college. Then the national matches had held. Today for sports that men participate in all the fields /the women participate as "Olympic" here (Karimi, 2001).

2- Women's sport of the Quran pros

Pest by studying the Quran we noticed that being strong is a positive factor and evaluated score .for elevating this subject we point to some signs .

1-when the ban-e-Israel tribe criticized the choice of Taloot by their prophets "Ashmvyyl" As leader he responded: The god chooses him as chosen man and provide him with more scientific and physical power than you (bagare,24v).

2-the Quran said about the necessity of rein for cement of military and spirit. Provides the power against them "Enemies"(Anfal,60v).This power not only included in military power but also included economic /cultural political ability and everything help us for victory .

3-when the Koran narrated the story of Moses in traduced him as a strong man and in other place said: Moses only lit that man and died .when you want to employ, someone, choose the strong and honest man (Qesas, 25v).

4-The god introduced himself very power full: all the powers are related to the god (Baqareh,39v). There is no power except for god's power (kahf.39v).It's duty for you to growing yourself you must protect yourself (Maede,104v).

If the strength wasn't thing the god doesn't (Kahf,39v),(Sabori,1995). Related to it after investigation in the Koran signs we reached to this point that the god related to the power and the strength to himself and the relayed it to humans.

The god relates the power /strength /skills to humans beside the power and physical in skill point out the science/honesty /also only strength in humanity way and spiritual tenement doesn't help to human speeds/powerful arms that give it direction

science /power if we ignore this subject, we can say the animals are more superior than humans .

3- Women's sport from narrations

The god created humans as a multi – dimension but all dimension located in two groups: body-soul the god determines duties for each of them that given to him honestly. The prophet Mohammad (peace be upon him) said the god has the right of you/you have the right of your body and your family has the right of you it's very noticeable that the prophet (M) honors for body and soul/he mentioned the body's right beside the god's right and the family's right (Majlesi,1982).

When human can per from the god's and the family's right perfectly that have healthy body. (Kolini,1986) In other place the prophet said: Every ore who don't eat the dinner /his power will be decreased in other place the prophet said in his bless (Horamoli,1982).

Be under god's protection of oldness .we can understand with attention to the body protection ,it is necessary to post pone the possibility of oldness and with strengthen body in order to provide health body and post pone the death .The weakness of body and its default was criticized the power full person is more lovely than a weak person in presence of god. Islam says that the health of religion and body are at the same level. And are more superior that material things (Horeamoli,1982).

Islam orders and principles in narration and signs are very gammon for man and women then each loyal attempt leads to physical and mental growing .it's acceptable for Islam. This fact is for men and women accordant to general principles the women such as men have many duties-defense/prayer-fasting-in this way her bodies are important the raising of body for women is essential of providing freshness in the face of sport is important for women.

Education the child for doing this duty women must have strong will and healthful soul and body the general thin ling is that the sport for the men hay special place .in this ease ,there isn't attention to women .we told that sport is necessary for men and women as a human .but in the heroic sport the presence of men is important ,the women shouldn't show their activity in this field because the women's duty is sth except this subject Mohammad said :women like a flower that shouldn't be expected for the hard work (saburi,1995).But the aspects and benefits about sports aches uses and sanitary educe tonal effects about it? In this case should we deprive the women of par tic paling about the sport activity? For more explanation we point to the women role in society we name the women as mother society. In the

society that its mother suffer from mental and physical sorrows certainly, a chive and safe society wouldn't be created this subject has been designed that doing exercises with entire conditions for men what is the rule for women according to holy religion?

For cleaning this subject, it's necessary to suggest and survey the women's characters; women's role in society and the amount of her covering and finally women's sport.

4- The proper of women's role in society in Quran

"The God said: the profiling for men is related to their action and the profiling of women is related to their action"(neesa,37v).

Islam's enemies told that there were differences among men and woman. Islam pay attention to the men more than women, Islam knows the men to be superior than woman's, the Islam doesn't know any superiority for men. There is no doubt and discussion that men are superior than women according to their superiority according to their feelings sincerely and emotionally.

"Nemonee interpretation (tafsir)" writes that the above sign such as other signs of the Koran knows that women and men in the presence of god and for reaching to spiritual positions at even conditions.

It doesn't know the sexual differences and physical structure the reason for gaining the human's perfection but both of them to be placed at the same level in (Makarem shirazi,1997). There place the Quran said: The land answered them that I don't waste any attempts and actions of men and women (Ale-Omran,192v). This signs indicate this signs cancer and respects which give to woman. In the other place the Quran said: Every men and woman do appropriate do appropriate action and have faith, go to the paradise and give sustenance beside these signs which discussed about the quality of men and women in the other sign reproach the inn attention to women(Qafer,40v)&(Nahl,60-61v).

When it be announced to one of them a girl his face got drake and sad and hide from vice thing that was announced and don't know keep her / hide in the soil? It was bad to judge. There is nowhere in the Quran and Islamic rule that knows men's action has more rewards than woman's action. This sign has been descended when some nations had doubt about women and know her as a cursed creature and the source of sin and death and digressing (Raisi,1995). Generally in some Islamic rules be caves of the differences among men and women physically and emotionality. There are seen the differences according to social responsibility at any rate it hurts to spiritual worth of women. Form this aspect, There

is no difference between them the welfare opened for them equally. We claim that the women's role in society is more important and more sunshine.

The history has proved this subject to every society women beside men participate in social, political, cultural fields, this society got successful and gains development and flowering. The faithful women educate the child and create the brave younger. For Islamic country the women caves the men to progress and develop (Raisi, 1995).

5- The woman's role in society and Narratives

If the woman before child birthing pay attention to her strength of physical and spiritual powers by doing exercises, and refine spirit. She will be a good mother with strong and brave wills and feelings and these good qualities be shifted to child in pregnancy times in contrast if the woman doesn't exercise and doesn't profit of sport effects she creates a human who is coward, lazy-powerless and fragile spiritually and emotionally. For the subject confirmation we narrate historical events that are in the historical books.

After passing of time of hazrat Zahra's death Imam Ali decided to marry again to gain his goals first goal: bring the kind mother for his orphan children and the second goal having boys for defense of the Koran and Islam bounds.

For this purpose he had charged his brother (Agile) with finding a suitable wife and ordered him to choose the strong and powerful woman from the noble family and Agile closed the "fatemeh kalabihe" of the bane-e-Kalb tribe and way the perfection and superior woman and Imam approved his choice.

Fatemeh owned four boys; each of them was brave and strong. Her first boy named Ghamar bani-e-Hashem was famous among Arab. Each of them on " Ashora 's" day participated in the war against yazid corps and showed the braveness. And sacrificed their body for Islam we found that the woman, especially Moslem's woman can have essential and key roles in society and devote the important ration to herself for social healing for profiting in society, women must pay attention to this subject having child or before marriage (Arabzadeh-Yazdi,2010).

The other example is "Nosaybeh", the girl of Kaeb is the famous woman who participated in Ohod war and injured very hard, when some people fleet and sat at the top of the mountain and cried, there were Nosaybeh and her children that defended of Mohammad and she asked Mohammad to bless for her. The Hazrat Mohammad said: kaeb family, you are my friend in the paradise. She participated in khiebar war and be cut his hand in "yamameh" war.

Beside hostile and military activity she had political, social activity also she participated in Aghabeh contract and Rezwan allegiance. It is correct that the goal of sport the past was increasing the war ability.

By studying the above subject we can say: The women's sport separated from technical matters can the cultural, social and political subject that its advancement in every country showed social, cultural/political be heavier.

6. The specialist's view about Women sport:

The group of specialists and specialists disagree with women's sport severely. But some groups know the sport is very essential for girls and women we point to these two theories briefly:

A) Advocates of women's sports

They believed that providing health of soul and body for women which spend the different steps and periods in their life such as pregnancy-child birthing-and above a child's education is very important (Navabzhad,1989).

They believed that beginning of period in athletic girls and women's is more later than non-athletic girls and women's. This lateness has positive effects on the girls so the growing of organs progress naturally (Navabzhad,1989) in these girls relative and entire density of their muscles is more than other girls (Navabzhad,1989).

B) The opposed people with the women's sport

Dr. Pakzhad writes about the negative effects of sport especially hard and heavy sport: Honestly we must accept that the athletic women are not so interesting in the people's view But the specialists has this idea that %50 of a athletic women lose their female spirits Because these women to legate more practices and difficult exercises for gaining the international hero's place they are very rough unconsciously and speak hard- for these women their heart's desire is seconds/centimeters-medals (Pakzhad,1982) doctor pakzhad point to the narration of hazrat Mohammd for the propose of comparison the above subject with the Islam idea. The hazrat said: women is a fewer not a hero. It was supposed that he made a mistake for translation of this narration (Pakzhad,1982).

He used (the hero as an Arabic word) that be used in Persian as a powerful person. But this thought is not correct the flower that must be under protection. The flower shouldn't be outside of the home and be touchable for everyone. Because she becomes disheartened and will lose her freshness and prettiness even the responsibility for income and expenditure and buying the needs of life of markets and bazaars is not for women (Pakzhad,1982).

We can conclude that: when the practices and doing exercises has negative effect on women's body and soul they shouldn't be encouraged for it. the purpose of negative effect is losing the female nicely body and losing strong feeling and emotion Because the hand exercises exist the women of normal position and lead then to manly mood if the physical educe an and sport doesn't have negative effects it is advised.

7- The order for women's sport of Islam view

From the Islam's opinion, it is useful to focus on women's sport for healthy protection and doesn't hurt her body and soul. It will be lawful if it needs illegal action all of these activates must be done in the frame work of veiled and covering and safe and controlled environment and entire protection if the sport be clans for becoming healthy of person and society it must not give reversed result , that causes to corrupt the person and society(Saburi,1995).

The criticism of Islam enemies on the covering person is that the covering and veiled subject prevent the women to participate in different fields of sport in reports to this criticism, the covering isn't a barrier for growing innate talents. Islam disagrees with jailed women in the home and the valid women with consideration of legal rules participate in all social / cultural and sport files for more explanting we point to covering subjects and limitation of it in Islam.

8- Coverage of Women's in Islam

The God saw: tell the faithful women, close your eyes of the alien people and protect your skirt and don't reveal your ornament and cast your scarf on your collars don't emerge your ornament except for your husband's your fathers, husband fathers or husband boys or nephews or owners or the small boy who doesn't need women or the children aren't a word of women's secrets doesn't have power for sex. The women shouldn't stamp their leys on the ground. The believers! You must regret in order to be blessed (Nor,31v). In the other sign the God say: oh prophet! Tell your wife and girls hide their ornaments in other to be recognized from the servants the God is very generous and kind (ahzab,59v).

Also shyekh sadogh narrated: Imam Reza said expressly seeing the women's hair and married women is illegal causes the men encourage to corruption and causes arousal (sexuality) and the go in to illegal and unjustifiable actions seeing the hair is simulating(Horamoli,1982).

In the other narration Imam sadegh said: "Seeing (illegal things) is an arrow of poised arrows of shy tan (Horamoli,1982). Because seeing sexual things provide sinful and deadly fields we must

prevent from them. so seeing the parts of women 's body except face and two hands is illegal (Kalantari,2008).

9-The words of Jurists about the amount of women's covering ageist

The women's covering principles in front of the men there was no discussion. There were many differences among the canonists about the covering rules by searching the sources we indicate four words:

1- Its legal for women to cover the whole body except face and two hands. Most of the canonists have common accord about this (Tosi, 2009).

2- It is legal for women to cover their whole body even face and top hurds this steered is related to Alameh helly and Mokh tar phazel words(Heli,1993);(Najafi,1987);(Faiz Kashani,1975)

3- Its legal for women to cover their whole body except face this statement told by Ahmad -e-hanabl and doesn't have any follower among Shiite (Heli,1993).

4- It's legal for women to cover their whole body except face/ two hands and legs this state meant is related to Mazzini and Abo Hanifeh (Heli,1993).

10- The benefits of exercise for women

1- The sport causes the women to get patient and increases their confidence.

2- By doing sport, the women get kind-be has better and better with their family and social relationship in society.

3- The women who do exercise choose the simplexes in their wearing and do their works very fast.

4- Doing exercises causes the women's sleep to develop more and more and the women feel less tiredness and go up the stairs easy: laved feel resistance in front of the possible dangers.

5- The women announced that when they do exercises they get sick more less than before and prevent the physical disorders such as headache leg ache of the selves.

6- Especially the women who have sport experiences don't complain about their pregnancy.

7- For decreasing in Menopause problems, doing easy actions is very useful and the sport and easy activity causes the women spend this period very easily.

8- Physic cad deviation and sports adjust the women's internal body gland especially tyro end glad (Raisi,1995).

11-Principles and goals of women's sports

In this discussion then are six goals for women's sport according to Islamic orders.

These goals in eluded: in economic political social, spiritual, material.

The girls and women's sport includes in walking –ruining-swimming-shooting-volleyball-basketball-tennis's, and etc.

And the heavy sport for women such as boxing-wrestling football in these sports more ruining and exhausted body are designed even the heavy jump that are dangerous and the sports which have losing and wining and creates stress and causes problems for women's emotions are for bidden.

Finally the women's sport include this principle that body and soul must be accordance with the legal duties Islam doesn't like to see the persons with the dead body and doesn't like to see the persons as the wicked pivots useless merchants, asleep alerts, blind viewers deaf listeners and dumb speakers It's not acceptable this sport that don't make movement There are designed principles in women's sport But the scale in this held is more heavier for women this principle include in: Purity pineapple, disorder principle, necessity principle. Accord principle between soul and body singleness principle among the persons justice principle –intentions principle (Ghaemi,2001).

Discussion

It becomes clear that Islam. Isn't smoothly that enemies say and charge Islam with the limitations of women at home and abandoned her of programs and social activity is not a system the western world accept it and see sinister results: mixing women and men.

1- Woman can participate in the sport races and compete with each other .There is no illegal prevention.

2- Women can participate in sport activity for their freshness and activities such general resistance/strengths /pace/agility doing exercise will not have negative effect on period/pregnancy/child birthing/

3- There are more signs about the possibility of sport that shows the religion way about it.

If we face with that sport is only related to women we face with social difficulties.

4- Islam doesn't disagree with women's sport .now's it as a necessity of women's life and advise it and is related to women's worth and physical and mental properties.

The women's sport is lawful with these principle the principles such non –mixing principle needs – necessities –when it is enjoyable that must be with goal and based on string then for doing duties and planned responsibilities in future.

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