

## The effect of music Therapy on Separation Anxiety

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**Abstract:** Nowadays music becomes more interesting because some of its feature such as helping children to be able to express emotion ,regulate emotion and communicate. It was a randomized controlled trail, parallel designed. Eligible participants were student between 10 to 12 years age in Iran. Paraverbal music therapy has been used as an intervention for the present study. The objective of our study was to determine the relationship between music therapy and emotional intelligence dimensions under paraverbal music therapy intervention with respect to emotional intelligence for young people. In addition, it was compared the effect of music therapy on improvement of male's and female's total emotional intelligence score in young people. Participants were divided in to two groups, experimental group who entered to intervention and control group who just asked to study an easy book about musical instrument .Participants, parents, therapists and those assessing the outcomes were blinded to group assignment. Between participants, a total of 100 people (boy=50, girl=50) with the lowest scores in Baron emotional intelligence measurement for young people short version, employee in the present study. It shows that paraverbal music therapy improves emotional intelligence in children. However; there was no significant difference between mean value on emotional intelligence level for male and female after music therapy. Music therapy can be used to increase emotional intelligence in children whose emotional intelligence suffered by some problem or can be improved through training and remedial programs as well as through therapeutic interventions. During the different period, people with antisocial personality disorder is defined as many titles by researchers and experts, but the symptoms of this disorder remains as featured the same. Origins of antisocial personality disorder and social deviance is in childhood, means when the symptoms may be seem in actions such as, away from school, constantly lying, robberies and fights. This practice often continues into adulthood. Antisocial personality disorder is first recognized disorder. This disorder is characterized by continuously antisocial and criminal acts, but is not criminality equivalent and is inability to adapt to social norms. Actions such as: behaviors such as aggression to people and their property, failure to pay the debts and financial obligations, criminality and committing acts unlike ethics and law. Antisocial personality disorder including anti-social features, such as no sense of shame or regret, failure to learn from past experiences, weakness and failure in the emotion and excitement, stay away from others, anxiety and stress and asthma. Antisocial personality disorder is 2 to 3 percent, and in male is four times more than women. Antisocial personality disorder is a long-lasting and durable. Four potential sources considered for this disorder, which include: 1- family and social context; 2 learning disorders; 3 – genetics; 4 – bad performance physiology of the central nervous system. Divorce is considered among the most important and most social damage. The word of divorce means release and separation of marriage and the marriage bond, and is terminating the marriage and is a phenomenon that caused ability to disrupt marital ties. Personal relationships with others, includes: individuals, groups and institutions are ingredients implementation of life. Only the living can have many components, but usually only a few of them, which are associated with marriage, family and career, are vital for life. The reports indicate that early adulthood (young), is the most of the energy in their favor, conflict and stress. Physical separation is different from the actual subtraction (That is due to the cessation of cohabitation), and must be done by court order also couples living separated without divorce without duties in common life. Adolescence and young thinks to marriage as a target, with diverse experience, growing relationship with the social environment, development dimensions of intellectual, understanding many aspects and reality of life, considering the material and spiritual, depending on their character and with influence of family life. Today the kind of marriages among youth can have an influence on the prevalence of divorce and lack of understanding between couples.

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### 1. Introduction

The concept of emotional intelligence has, in the past decade, become increasingly popularized and has

been promoted as capable of solving most personal and social problems. Goleman's two popular books, published in 1995 and 1998 respectively, 'Emotional

Intelligence' and 'Working with Emotional Intelligence' brought the concept to the popular media and espoused emotional intelligence as an insightful, revolutionary new perspective on society's ills and work success. Complementary to this 'revolutionary' perspective on intelligence, but far less populist, was Gardner's (1983) theory of Multiple Intelligences, as published in his book, 'Frames of Mind.' Gardner (1983) argued that our notion of human intelligence remains limited and proposed eight different forms of intelligence, including inter- and intrapersonal intelligence. Both these authors helped to spark and add to the general interest in emotional intelligence as a viable, independent concept.

In 2004, Mayer, Caruso and Salovey defined emotional intelligence as: the capacity to reason about emotions and of emotions to enhance thinking includes the abilities to accurately perceive emotions to access and generate emotions so as to assist thought, to understand emotions and emotional knowledge, and to reflectively regulate emotions so as to promote emotional and intellectual growth. These authors, consequently, created a four-pronged, hierarchical model consisting of four related abilities.

Of these four abilities, perceiving and using emotion (Experiential Emotional Intelligence) are considered the more fundamental, while understanding and managing emotions (Strategic Emotional Reasoning) are the more sophisticated and advanced of these emotional skills. Despite variation in the interpretation and conceptualization of emotional intelligence, for the most part, definitions of emotional intelligence include at least one of the following elements: the ability to recognize and understand emotions, the ability to understand how others feel and to relate to them, the ability to manage emotions and the ability to generate positive emotions that are self-motivating (Bar-On, 2006). Emotional intelligence concerned with understanding oneself and others, related to people, and adapting to and coping with the immediate surroundings which increases one's ability to be more successful in dealing with environmental demand (Bar-On & Parker, 2000). Emotional intelligence is such an important factor that the emotional capabilities of which is vitally importance in making effective relations.

Emotional intelligence can be applied to expressing the quality of relating, understanding people's emotions, sympathizing with others and being able to exploit a favorable mood.

Life is an important concept in Levinson's theory, and it is the basic pattern or design of life at any given moment. Personal relationships with others, includes: individuals, groups and institutions are ingredients implementation of life. Only the living can have many components, but usually only a few of

them, which are associated with marriage, family and career, are vital for life. However there are large individual differences in the main value of the component side of life. Biographical reports of many people confirm that describes the stages of life from the perspective of Levinson. These reports also indicate that early adulthood (young), is the most of the energy in their favor, conflict and stress. These years, high satisfaction of love, sexuality, family life, career and research accomplishments are important goals of life. But these issues have a lot of pressures on the people. Important decisions about marriage and business are important issues before many people have the life experience necessary to choose wisely.

Women in live longer have more same-sex intimate relationships than men. Women say they prefer just to talk with friends. Whereas men say they prefer do anything, when they are with their friends. These are due to quality of friendship and individual differences, which gender identity and marriage activity involved on them. Those who being informed of the behavioral characteristics of each other after married due to men and women with mental health problems, or lack of understanding of each other, will cause problems later in the life; and after the wedding they discuss the many issues. Previously had described individually about their decision or their families; they tackle everyday issues and the relationships were informed about each other.

Because of all these issues can be important degree and divorce. Especially those who are outside the age range for marriage norms are often faced with stress, that this move makes it harder. Marriage are the ones before, maybe your family, or a family looking for their elusive, most of these people never have, yet secure identity and independence have not grown enough for marriage is essential. Despite advances in women's rights, traditional marriage in Western countries are still to be found in this type of marriage, a clear division between the roles of husband and wife there. Male head of family is his main responsibility for family finances; women devote themselves to the care of his wife and children and have a duty to provide comfort to the family.

However the, traditional marriage have changed in recent decades, women's values are effected. In this case, a couple of times to connect and power is divided, both partners are trying to spend their time and energy to working with children and their relationships are balanced; the couple's divorce and separation may show less, however, understanding each other lives and professional relationships, both parties must be observed. (Karbasi, 2005). History The history of marriage is divorce. The cause of the man's natural desire marriage bond closes in loving family to come together for rest and relaxation, just as

each other may be some reason that you continue. Specific requirements in human have emerged in courtyard of the evolution of human life history, but their emerged is associated with the community. Each community gives particular to individual according institutions and special factors. Psychologists used to long history of human such as learning laboratory, and unlike other psychologists such as Freud that does not know character builder of community, but his belief it is of community that makes the characters. In other words, different character is caused by different communities. All humans are in need of satisfying your hunger, thirst-quenching, rest and sleep, etc. But in the different community these needs are met in different aspects. For example, in a capitalist society, need for sameness may be satisfied in this way that Community members pay to accumulate wealth and property and thereby making their leading, or join a great company his points lead due to its dependence to the company. Human surrounded by the affairs of opposing. Life and death is one of the opposite issues.

Sometimes these are two categories and not reasonable to think that things in life that is considered as antisocial behavior. Anxieties of those who are anti-social behavior have been studied. Psychopathic individual are less anxious than normal. By default, only a little and this may be true; although those social biases of people with less than other people seem to be worried and anxious. But all the physical symptoms of anxiety such as muscle, usually in heart rate and shortness of breath and ... Core personality in social deviations avoiding people, new experiences, and previous experience; This disorder is often a combination the a silly fear with a penchant for acceptance and love the people with this disorder, growing appetite for new social relationships or activities. But may be due to the fear of not being accepted and approved, the reluctance of certain social relationships are drawn to show the deviation (Mansor, 2002).

During the different period, people with antisocial personality disorder is defined as many titles by researchers and experts, but the symptoms of this disorder remains as featured the same. Origins of antisocial personality disorder and social deviance is in childhood, means when the symptoms may be seem in actions such as, away from school, constantly lying, obberies and fights. This practice often continues into adulthood. Actions such as: behaviors such as aggression to people and their property, failure to pay the debts and financial obligations, criminality and committing acts unlike ethics and law. The main characteristics of people with antisocial personality disorder are no shame or remorse, failure to learn from past experiences, etc.

Thus the vicious cycle seen in the behavior of these people and this belief may be induced. People with social deviance or antisocial disorders of emotion and excitement of failure and are lack of moral conscience that can control their behavior.

## 2. Material and Methods

It was a randomized controlled trail, a control group for comparison and randomization procedures for group allocation with convenience (10 to 12 years of age) double –blind , parallel group and study conducted in Iran. Eligible participants were all young children between 10 to 12 years of age with the lowest score of emotional intelligence according to Baron Quotient inventory (In order to show the best effects of intervention on children) and whose parents were completely satisfied for participation of their children in the present study. The study took place at two halls of two the schools in SHIRAZ (name of the city in IRAN). From March 10th to march 30th 2009 .Those hugs and quiet halls, had suitable environment for our study and they were nearby student classes so it mad participation in the study more easy for them. A total of 100 children were chosen to the experimental and control group (boy=50 and girl=50). Researcher has chosen sample size according to table for determining sample size from a given population (Krejcie & Morgan, 1970).

Then, they randomly divided in to the control and experimental group. Next, pre-test for experimental and control group done. Experimental group has given intervention while control participants just asked to study an easy book about different kind of musical instruments for children. Finally, post-test separately for each group (experimental and control group) conducted.

The measurement which has been used is Baron Emotional Quotient Inventory: Youth Version short form (BarOn EQ-I: yv(s)) which is an easily administered self-report instrument to assess emotional intelligence in young people aged 7 to 18 years. Youth Version short form (Bar-On & Parker, 2000) is a 30 item self-report instrument designed to measure emotional intelligence in young people age seven to eighteen years. It consists of the following six scales: intrapersonal, interpersonal, adaptability, stress management, positive impression and total EQ.

According to Pfeiffer (2001), the inventory is geared for fourth grade reading level and takes about 25 minutes to complete. The instrument uses a 4-point Likert style format (very seldom true, seldom true, often true, and very true) and summons self-appraisals about having fun, ease at telling others how you feel or talking about deep feelings, the importance of friends, and knowledge about how other people are feeling. The age of interest in this study is the 10 -12 year old groups. By examining the individual scale

scores one can pinpoint specific strengths and weakness of a responder's EQ. Furthermore, an overall level of EQ (total EQ scale) is retrieved using this measure. It is necessary to maintain that due to conducting this study in Iran, translation of BarOn EQ-i: yv and following that calculation of reliability for the test were necessary. Researcher has translated the questionnaire to Persian (Iranian language). According to the psychometrics judgment there was no trans cultural differences between translated questionnaire and original one. Therefore, after calculation of validity and reliability for test, it has been used to measure emotional intelligence in children in, SHIRAZ, Iran. With respect to the face validity and content validity which have been calculated by BarOn & Parker (2000), and Correlation calculated between judgments of experted persons (which have been done by researcher) the validity of the test was determined to use in Iran and it was 0.732 (agreement coefficient). And in the present study to assess the reliability of instrument cronbach's alpha has been calculated. After translation of the instrument to Persian language cronbach's alpha reveals a value ( $\alpha$ ) of 0.95.

*Paraverbal music therapy* has been used as intervention method which is a method of psychotherapy developed by Evelyn Heimlich (1965, 1972, 1980, 1983, and 1985) which has been used for the present study. As implied by its prefix, "paraverbal" music therapy utilizes both nonverbal and verbal channels of communication, and employs various expressive media (viz, speed, language, music, mime, movement, psychodrama, painting, and drawing) in unorthodox and nontraditional ways. Its main purpose is to gratify the expressive communication and therapeutic needs of the client as they are manifested from moment to moment.

Paraverbal music therapy has been used primarily with children who have emotional communication problems that are not responsive to verbal method of therapy. This includes children with various diagnoses including psychosis, emotional disturbance, mental retardation, learning disability, medical illness, etc. This method is also used with the mother-child dyads and with developmentally disable individuals of various ages. The basic goal is to fulfill the clients' basic emotional needs to develop a sense of self, to foster self expression and communication, to provide relief from painful emotions and to eliminate symptoms. The paraverbal music therapy session contains four main procedures and stages: observation, maneuver, shift, and

### 3. Physical separation

This separation is different from the actual subtraction (That is due to the cessation of cohabitation), and must be done by court order. And

that means that, couples living separated without divorce without duties in common life. But if the death of a spouse, the other party is entitled to the legal rights, upon the death of spouse is determined.

However, if the parties their asked of the court, physically subtraction is demanding, they could be downed inheritance rights after the death. This issue has many branches, which are influence in the French Civil Code (Haqqani, 1986).

### 4. Incentives for marriage

After adolescence and young, with diverse experience, growing relationship with the social environment, development dimensions of intellectual, understanding many aspects and reality of life, anyone considering the material and spiritual and with depending on their character and with influence of family life thinks to marriage as a target. And in this time that he thinks in the case of married and a partner who could be friendly to him. He will check your employment opportunities, economic and social situation and to search for select a suitable wife. He measures individuals of the opposite sex, directions, intellectual, behavioral, economic, familial, social and educational. And tries their friendly relations with a person are additional. This type of culture, community and family ties, and thus determines the shape is different. The relations of the two makes k d to assess the need for having a common life and marriage do that the agreement will lead to marriage.

Otherwise withdraw of the marriage relationship and the friendship continues, or due to the differences between cut and re-assessed to be anyone else (Askari, 2001). Same-sex relationships in adolescence are anxious to come out and fix alone.

As mentioned, establishing a relationship with the opposite sex, it depends on the culture. In some cultures disapprove of premarital sex is acceptable in other cultures, and therefore the relationship between boys and girls before marriage is controlled by cultural norms. Unfortunately, in the absence of sex before marriage is not friendly or prohibited, girls and boys having sex on the imitation of other cultures can be and the difficulties and problems that can affect them in the future, wrote to its adverse effects.

In these cases the Gender and mental needs of parents of the children in this area is important and as a preventive measure they can suck on their children, especially girls from sex to protect fateful consequences. A person who wants to marry their careful aim and motivation thinks marriage and to examine their motives would marry, any marriage that marriage is only for having a Common life without purpose and knowledge required to accept, fate is often vague and unpleasant. Meeting sprang to discuss and reflect on each other's behavior and enables young people to continue that the absence of understanding



of the relationship before it comes to emotional factors, to prevent. In many communities there is a tradition in the family through marriage matchmaking is done, matchmaking occurs usually by the family of the boy, the time has come for the Son family feels that marriage or the family's request to marry his son to take action, the search for a suitable girl starts. Usually women with family and friends to talk with a girl will consider and the woman's family shuttles initial negotiations do, and if that was their preferred girl and her family also announced its agreement, both father and family were in progress. Flows out of the their sons and daughters about their properties, if the original agreement and family, parents and son, something few people in my family to attend a formal suit, if the two families of boys and girls expressed their satisfaction, the candidate's work to be done and the wedding and thus will be married. And may be the son of the family, previous acquaintance with a girl or a boy and a girl who may have been friends, and soon reached the conclusion that they are married; the boy wants to woo the girl of the their family to go. When the marriage is performed by woo two families together from different directions are considered necessary and to assess the pros and cons. In fact, these are the families of the bride and groom would like to get married and with have good experience to know or reasons for boys and girls do not accept links. Score this kind of marriage is that the two families, in first of many necessary aspects of cultural, social, economic and family are doing, and, if appropriate and necessary agreement to marry their son or daughter to be happy and any support that is needed, of the bride and groom do not hesitate. Disadvantage of this type of marriage is that in some cases, unfortunately, there are not male and female views. Unless the male and female candidates have ample opportunity to review each, and agreed by both male and female, and their views should be considered.

Otherwise it may be a conflict between the married couple will appear. In addition, because families play a vital role in this type of marriage; therefore, allow imposing their views in many issues girls and boys are involved, and this will cause a married couple.

Whereas the involvement of the families of sons and daughters and try to apply for their children under proper guidance and do manufacturer, them to maintain their lives and friendship and mutual advice.

And if you need any assistance do not hesitate to give them stability and shared prosperity in the lives of their children will ensure (Askari, 2001).

### **5. Antisocial personality disorder**

Antisocial personality disorder including antisocial features, such as no sense of shame or

regret, failure to learn from past experiences, weakness and failure in the emotion and excitement, stay away from others, anxiety and stress and asthma. Antisocial personality disorder is first recognized disorder. This disorder is characterized by continuously antisocial and criminal acts, but is not criminality equivalent, and is inability to adapt to social norms. That includes many facets of youth development is ill. Because of the wide impact on public safety and economic health of the community, more than any other anti-social personality disorders research has been done about the problem. The amount of disorder in men is 3% and in women is 1%. The prevalence of this disorder among residents of urban poor areas all over the region can be seen moving. Extended families with more boys than girls are rising up. Onset of the disorder is before the age of 15. Prevalence among prisoners may reach up to 75 percent. It is five times more prevalent disorders in first degree relatives. As previously mentioned, those anxiety disorders, body shape, and other non Psychotic disorders are affected. Although friends and family may be upset, but basically they are offering from their ailments; In contrast, people with anti-social disorder, there is no suffering. The symptoms of this disorder are characterized by a predator attitude towards others, and chronic emotional indifference to their rights as lying, stealing, fraud, and abuse may be manifested (Milani-Far, 2001).

### **6. Historical background the prevalence of the disorder volition**

Antisocial personality disorder is 2 to 3 percent, and in male is four times more than women.

But only people with antisocial personality disorder do not commit theft and fraud, but also those so-called "normal" attempts to theft, forgery, and embezzlement.

The fact is that for years it was not thought that antisocial personality will be in psychology terms. Thus, all those who had been lost to crime and wrongdoing, were convicted and only difference was the level and severity of their crimes. But in the nineteenth century, under the influence of psychological development, in particular the idea spread that certain types of criminal behavior may occur when a person has no control over them. This condition can be controlled from the social, psychological, or due to be biological. Thus, if the mass of the people against their will and desire that has been caused by circumstances they had no control over. In this century, it was believed that the anti-social people "morally insane" and the volition people with the disorder were considered. However, today the term "antisocial personality disorder" alternative moral crazy, but still these people as those who volition have failure and disorder, are considered.

Robert (1986) states that people with antisocial personality disorder are a mental structure, much like the children are ten years old. This means that both cannot take responsibility, have difficulty in understanding others, and their minds are highly subjective (remain in the concrete logic). One of the features of antisocial personality disorder is a disorder of volition, and will is not subject to all or nothing. That is not to say that no will or the volition man, but, like other psychological actions, which volition form a continuum, normal, low or too high, but even fewer people with antisocial personality disorder will it is normal to have a bit of interest. Like anxiety and inference volition is not be visible. It reflects the attitude that the person wishes, can be inferred. As long as a person does not express the particular behavior, we cannot judge who is suffering from a personality disorder or not. So DSM-III-R measures of cognitive - behavioral offers for diagnosing antisocial personality disorder (Mansor, 2002).

#### **7. Anti-social personality characteristics**

Crime has a special meaning for ordinary criminals. We can find out what they actually have done and why? For example, want to become rich immediately to obtain position. Although many of these behaviors are not approved; but they have understood incentive. But those anti-social crimes often are seem aimless, random, and impulse. Cannot understand themselves and others and cannot understand why and for what reason these people have committed a particular act. It seems that they are not prompted for a reasonable goal, but the impulse to have committed deviant behavior. There was no shame or remorse for past bad deeds, etc. from any and all sizes that are obscene, common characteristics of antisocial people. They have no moral conscience and therefore do not pay any attention to the rights of others. Therefore, their relationships with others and the whole surface to exploit them; they do not have the ability to love and constant dependence of compassion, kindness, and love remain effective. Shameless lying, and cruelty towards those who trust them, they abuse and oppression. One of the major differences that a normal person convicted of a person with antisocial personality distinguishes the depth of emotion that is experienced. It seems that common criminals that other individuals have the same excitement, experience, emotional experience of anti-social, but very superficial. Anti-social behavior in ways that seem to be able to continue to love, anger, sadness, joy and not despair; In fact, they experience emotional disabilities.

#### **8. Causes of anti-social behavior**

Antisocial personality disorder is a long lasting and durable. This disorder is called, conduct disorder if appears in childhood or early adolescence and may

continue into adulthood. Four potential sources considered for this disorder, which include: 1-family and social context; 2 learning disorders; 3 -genetics; 4 - bad performance physiology of the central nervous system. It seems that people are anti-social, moral standards of society are not innate. Therefore, it is natural psychological development resources -moral, social and family background, especially as anti-social causes are examined. There is evidence that childhood experiences of people with anti-social behavior in the relationship. A number of studies indicate that the loss of a parent due to death, divorce, separation, or a long stay in the hospital has a associated with the emergence of anti-social behavior in the future. Further studies have shown that the more severe anti-social behavior, the likelihood that an individual had experienced parental separation and deprivation is greater. Many authors have noted that the exclusion of their own parents and the rise of antisocial behavior per se is not the emotional space to accelerate the divorce, and subsequent events, is effective in anti-social personality. For example, high contention and strife, conflict and chaos, the instability of the parents, and the major factors causing the neglect of the parents are an emotional injury. Similar findings, but the large groups of people who are awake during the years 1924 to 1929 were studied in a child guidance clinic (Robbins, 1966). The clinic reports about the precise psychological and sociological problems and family situations of children, who were referred to the clinic, were prepared. When the children grew up, the children in the control group who had never been referred to the clinic were interviewed and detailed comparison. The survey revealed that about 22% of the group who were referred to the clinic, as were antisocial personality diagnosis, while only 2 percent of the control group had such a diagnosis. Many clinicians inability of anti-social individuals have highlighted the lessons of experience.

Thus, they suffer from a weakness and failure in learning, it may be a little careful about them. One of the cases in the areas of learning weakness of antisocial disorders avoidance learning has been studied (Milani-Far, 2001).

#### **9. Anxiety in anti-social**

Antisocial individuals are evaluated in terms of anxiety; the presumption seems to be that psychopath people are less anxious than normal; however, these assumptions may be true only in the limit of slightly. Skaling (1978), in their review found that although the anti-social people seem to worry less than others, but usually all the signs of Physical, and lean muscle their anxiety such high heartbeat dyspnea and muscle stress experience. If we share the concern of anxiety to cognitive and physiological components of the body's

response to fear, it seems that anti-social people who lack the cognitive anxiety (Siasi, 2000).

One being that the natural environment and social and cultural set is T cannot be separated from where it lives, or the culture of a group that is a member, or the role that the building department is responsible consideration and understanding. Basically, anyone who is a social person means a device (system) from human interactions.

#### 10. Divorce

Although the subject of this research is divorced, but is required before divorce, the issue of marriage discussed which context of divorce is based on it. Marriage is the basis of human survival and reproduction condition in different ethnic groups, in schools, communities and different generations, with different traditions and customs. Select the dickey, survival, reproduction and birth of a new generation are involves maintaining and improving the human race, training the next generation, community affairs and activities of individual in the production and distribution of economic, flow of social interaction and cultural processes, working in politics and art, etc. are indebted to children and future generations, which will happen of marriage. Marriage in general has the following objectives and functions: Creating a center of calm and familiarity and affection for couple and children; replacement and creating a new generation and raising and mighty healthy children; and a means to achieve purity in moral relationships (Sotoodeh, 2006). The couple's union is not always going well and always ethical and behavioral and emotional adjustment, and communication between couples cannot bear the thought and everyday life circumstances and personal and social characteristics of individuals and couples is not to embrace each other to deal with problems between couples in love and always balance each other and keep is not continuity and stability in the marriage. Forever and environmental factors such as parental addiction, bankruptcy, personal characteristics such as aggression and nervousness in prison and irritability, and verbal or financial weakness or obscene behavior, such as gambling and drinking alcohol buddy alcohol unwilling couples play together desire or select another dickey or deception and bad speculation and suspicion, such as items that threatens the foundation of families. If couples are unable to overcome and cope with this phenomenon inevitably become a ruinous divorce happens.

Divorce is considered among the most important and most social damage. The word of divorce means release and separation of marriage and the marriage bond, and is terminating the marriage and is a phenomenon that caused ability to disrupt marital ties. Voltaire says of marriage and divorces in this world

are born a few days earlier, perhaps marriage is born, because after a few days or a few months of marriage and marital relations, divorce phenomenon may be caused. Divorce and marriage are two of the old man is both necessary and essential for gaining (Haqqani, 1986).

Hope and trust, taking the role of parents and young children, they need emotional and financial support and therapy and cognitive and social crisis and change, it will be by divorce, and a sense of helplessness and humiliation and inferiority.

Children and young people will feel inferiority, in discharging their homework and answering questions from severe anxiety, and that is the ability to go down and break out of isolation and to collect and select.

Her self-esteem, feelings of helplessness and reduces your inner talents, there will bury themselves in crisis. Regardless of behavior disorders such as anxiety and depression, inferiority and humiliation which is portion of the area of divorce and family breakdown among children and adolescents and the social dimension of behavior disorder is more dangerous (Nikkhoh, 2000).

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